

# Mental Health Application

(Self-therapy and event schedule, appointment, management system)

## Background Research

1. Mental health disorders have an increasing trend of prevalence in Malaysia.
2. The need for advanced mental health tools and online platforms that are secure, highly accessible, easy to use, and low cost are becoming crucial to deal with this social issue in Malaysia.

## Object

1. To help Malaysian have wider access to mental health services.
2. To help Malaysian learn, evaluate, and track their mental health status.
3. To provide a platform for patients to connect with mental health professionals.

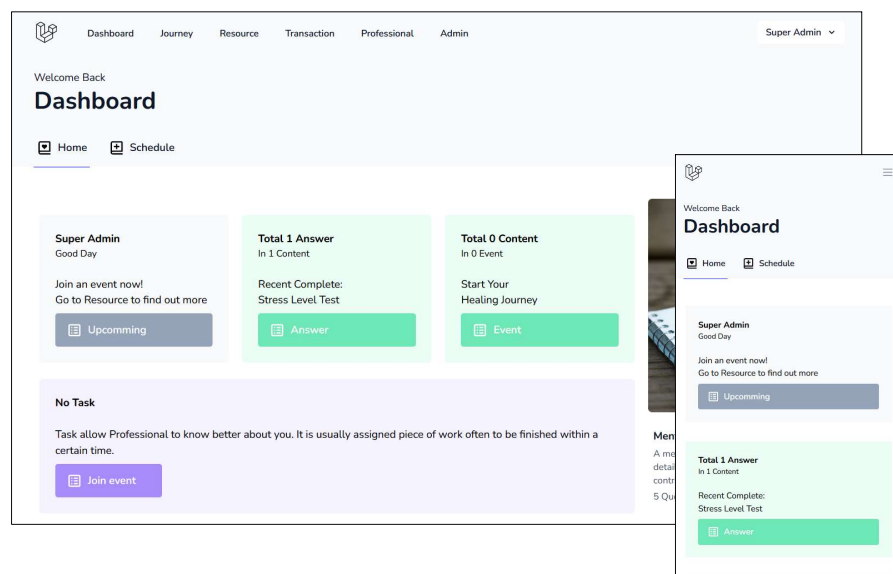
## Conclusion

1. Self-therapy achieved by content and answer management system such as journal, questionnaire, and survey (with result).
2. (Customer Relationship Management) CRM and Blended Care achieved by major subsystem - event management system, which include event, schedule, appointment, payment, task answer, report answer, chat, and user management system.

## USE CASE DIAGRAM



## Prototype



## Technology

